



825169 - Chicken Flatbread Sandwich

Source: Farm to School

Number of Portions: 20

Size of Portion: each

Alternate Recipe Name: Spicy Chicken Flatbread

Components:

Meat/Alt: 2 oz

Grains: 2 oz

Fruit:

Vegetable: 0.25 cup

Milk:

Recipe Subgroups:

Vegetable, Dark Green

Whole Grain Rich

Attributes:

Sandwich

Meat/Meat Alter

Vegetables

Grain

HACCP Process: #1 No Cook

Ingredients	Measures	Instructions
826494 Flatbread, Oven Fired, WGR, Rich's 14010.....	20 each, 2.2 oz	Thaw flatbread overnight at room temperature.
825708 Chicken Patty, WM,Grilled, Tyson 70320.....	20 each, 2.5 oz	Thaw fully cooked, grilled chicken patties in the refrigerator. CCP: Store in the refrigerator at 41 degrees F. or below.
825168R Spicy Sandwich Spread.....	1 1/4 cups	Prepare Spicy Sandwich Spread according to the recipe. CCP: Hold at 41 degrees F. or lower.
011251 LETTUCE,COS OR ROMAINE,RAW.....	1 lb + 5 ozs	Remove the stem end of the romaine head. Rinse romaine under running water, and drain well. (A commercial salad spinner is recommended.) Cut romaine head/leaves in half, then cut into ¼ inch shredded pieces. Weigh amount of prepared shredded lettuce required by the recipe. CCP: Hold at 41 degrees F. or lower.
011529 TOMATOES,RED,RIPE,RAW,YEAR RND AVERAGE....	1 lb	Rinse tomatoes under running water. Using a tomato scoop, remove the core. Cut into ¼ inch sandwich slices. CCP: Hold at 41 degrees F. or lower.
		To assemble sandwiches: <ul style="list-style-type: none"> • Spread 1 Tablespoon of Spicy Sauce on each flatbread. • Top each flatbread with one thawed chicken patty. • Place two slices of tomato on chicken patty. • Using 4 ounce spoodle, top each sandwich with ½ cup shredded lettuce. • Fold Flatbread over to make sandwich. CCP: Hold and Serve at 41 degrees F. or lower.

*Nutrients are based upon 1 Portion Size (each)

Calories	332 kcal	Cholesterol	*48* mg	Sugars	*3.3* g	Calcium	39.62 mg	35.77%	Calories from Total Fat
Total Fat	13.19 g	Sodium	739 mg	Protein	21.78 g	Iron	*1.09* mg	6.65%	Calories from Saturated Fat
Saturated Fat	2.45 g	Carbohydrates	34.06 g	Vitamin A	2884.4 IU	Water ¹	*55.65* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	3.92 g	Vitamin C	4.5 mg	Ash ¹	*0.35* g	41.03%	Calories from Carbohydrates
								26.24%	Calories from Protein
<p>*N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient</p> <p>* - denotes combined nutrient totals with either missing or incomplete nutrient data</p> <p>¹ - denotes optional nutrient values</p> <p>² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.</p>									



NORTH CAROLINA K-12 CULINARY INSTITUTE

PREPARING CHICKEN FLATBREAD SANDWICHES

Refer to the recipe and to the steps below to prepare Chicken Flatbread Sandwiches!

